MAKE A DIFFERENCE!
Be Trauma-Informed and Trauma-Responsive!

What is Complex Trauma?
Complex trauma occurs when children have endured multiple interpersonal traumatic events from a very young age that involve abuse or neglect by a caregiver(s) that may result in traumatic stress.

What is the impact?
The impact of child traumatic stress can last well beyond childhood. In fact, research has shown that child trauma survivors may experience:

- Learning problems, including lower grades and more suspensions and expulsions
- Increased use of health and mental health services
- Increased involvement with child welfare and juvenile justice
- Long-term health problems (i.e.) diabetes and heart disease

What can be done about it?
A critical part of children's recovery is having a supportive caregiving system

- Partner with Youth and Families
- Enhance the Well-Being and Resilience of Those Working in the System
- Identify Trauma-Related Needs of Children and Families
- Enhance Family and Child Well-Being and Resilience
- Maximize Physical and Psychological Safety for Children and Families

How can YOU make a difference and become part of a community collaborative?
The Division of Family & Children Services is providing training to Division staff and their community partners. Join the Child Welfare Training Collaborative to learn more about how to become trauma-informed!

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